

HOLIDAY TRADITIONS AND GOALS DISCUSSION

Holiday Images

What I like best about the Holidays is:

What I like least is:

What I remember most about past holidays are:

The traditions I like the best are:

When I spend money on gifts I feel:

When I spend more than I can afford, I feel:

When I think of creating and sticking to a holiday budget I:

My Holiday Mission Statement

This year, I want the holidays to be:

I want to share this with my family and friends by:

The best way of accomplishing this is:

The message I want to send by giving gifts to my family and friends is:

I will consider the holidays a great success if:

When the holidays are over, I want to look back and say:

Roadblocks for Success

The total holiday budget I want to spend is:

My biggest downfall will be:

I am going to set myself up for success by:

Every day I will remind myself:

I will help my family and friends have the type of holiday they want by: